

Anaphylaxis

After my five sessions should I be tested by my medical doctor?

We strongly urge you to seek approval from your medical doctor/allergist *before* you ingest, inhale or expose yourself to any substance to which you have been previously diagnosed as anaphylactic.

It is a common occurrence to show a *more severe reaction* from your scratch, intradermal or RAST test from your doctor after your session. From our observations, we predicate that this is merely due to one of 2 reasons:

- 1. The substance bypasses the first line of defense when it is administered directly into the skin or bloodstream using a scratch test or intradermal test. The pre-programmed IgE antibodies immediately react strongly to the invading allergen. It usually takes time for your body to reprogram your immune system to recognize the substance before complete recovery can be achieved. There may be anywhere from a 3 to 24 month delay before your medical doctor's test shows a negative response to the anaphylactic substance.
- 2. RAST, intradermal or scratch tests can often be inaccurate. These tests often show a false "negative" or false "positive" test result. This is not due to err from your doctor, but merely from the test itself.

We suggest having your medical doctor's allergy test at least 8 months after your sessions and also after complying to any recommendations from your Natural Health Care Practitioner.

(A minimum of 5 separate sessions are required in cases of anaphylaxis)

"I was always afraid of accidentally ingesting almonds in prepared foods due to my anaphylactic allergy. After only five sessions, I eat almonds with no reaction at all."

Dorothy Turner - Business Owner

"For years I carried an "Epipen" with me in case I ingested shellfish. I now enjoy eating shellfish without worry!"

Barbara Goshom - Registered Nurse

"Some time ago, my son was rushed to the hospital emergency department after eating some cookies, and required treatment for an anaphylactic reaction to brazil nuts in the cookies. Since then, he was required to carry an Epipen with him all the time to school, etc, He was recently tested by his medical allergist, after having completed five sessions, and found to have no reaction to brazil nuts."

J. Duthie - Parent